

### British Columbia Amateur Radio Coordination Council

**Two-metre Band Plan "A" in Channel Order** -- for Southwestern BC, Vancouver Island, BC Interior  
 Revised August 2003 following BCARCC AGM of March 2003. See Functional Band Plan "A" for Notes.

**Band: 144-148 MHz**

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SIMPLEX	Simplex Operations	Output	Input	Duplex Repeaters
144.000   144.100	MOONBOUNCE & TERRESTRIAL CW	145.010	145.610	DIGITAL REPEATERS GROUP 1 (+ 600 kHz)
144.100	CW Calling Frequency	145.030	145.630	
144.100   144.200	CW/SSB WEAK SIGNAL	145.050	145.650	
144.200	SSB Calling Frequency	145.070	145.670	
144.200   144.275	AM narrow-band modes (ACSSB, SSB, CW, other modes with bandwidth <=3 kHz)	145.090	145.690	
144.200   144.275	PROPAGATION BEACON NETWORK	145.110	144.510	SNP PAIR FM REPEATERS GROUP 1 (Primary) Linear Translators (Secondary) * 20 kHz spacing
144.275	National ATV coordination frequency	145.130	144.530	
144.340	National APRS frequency	145.150	144.550	SNP PAIR  FM REPEATERS GROUP 2 20 kHz spacing (- 600 kHz)
144.370	DIGITAL SIMPLEX GROUP 1 20 kHz spacing	145.170	144.570	
144.390	DIGITAL SIMPLEX GROUP 2 20 kHz spacing	145.190	144.590	
144.410		145.210	144.610	
144.430		145.230	144.630	
144.450		145.250	144.650	
144.470		145.270	144.670	
144.490	145.290	146.900		
144.910	SAREX/MIR SPACE STATION LINKS	145.310	144.710	
144.930		145.330	144.730	
144.950		145.350	144.750	
144.970		145.370	144.770	
144.990		145.390	144.790	
145.500	DIGITAL SIMPLEX GROUP 3 20 kHz spacing	145.410	144.810	
145.530		145.430	144.830	
145.560		145.450	144.850	
145.590		145.470	144.870	
145.710		145.490	144.890	
145.730	EXCLUSIVE AMATEUR SATELLITE	146.620	146.020	
145.750		146.640	146.040	
145.770		146.660	146.060	
145.790		146.680	146.080	
145.800		146.700	146.100	
146.000	Alternate Input for 147.000 MHz	146.720	146.120	
146.400	FM SIMPLEX GROUP 1 15 kHz spacing  FM Simplex Calling Frequency	146.740	146.140	
146.415		146.760	146.160	
146.430		146.780	146.180	
146.445		146.800	146.200	
146.460		146.820	146.220	
146.475		146.840	146.240	
146.490		146.860	146.260	
146.505		146.880	146.280	
146.520 -		146.900	146.300	
146.535		146.920	146.320	
146.550	146.940	146.340		
146.565	FM REPEATERS GROUP 3 20 kHz spacing (-600 kHz)	146.960	146.360	
146.580		146.980	146.380	
146.595		147.000	147.600	
147.400		147.020	147.620	
147.420		147.040	147.640	
147.435		147.060	147.660	
147.450		147.080	147.680	
147.480		147.100	147.700	
147.510		147.120	147.720	
147.540		147.140	147.740	
147.570	147.160	147.760		
147.435	Alternate Input for 146.800 MHz Repeater	147.180	147.780	
147.465	SNP	147.200	147.800	
147.495	INTERNET LINKED SIMPLEX (Primary) (Assign Internet stations from top)	147.220	147.820	
147.525	(FM Simplex Secondary)	147.240	147.840	
147.555	SNP	147.260	147.860	
147.585	INTERNET LINKED SIMPLEX (Primary) (Assign Internet stations from top)	147.280	147.880	
	(Digital Simplex Secondary)	147.300	147.900	
		147.320	147.920	
		147.340	147.940	
		147.360	147.960	
		147.380	147.980	

\* A "Linear Translator" is a form of x-band repeater

Inputs on 145.510, .530, .550, .570, or .590 may be translated to another band.

Outputs on 145.110, .130, .150, .170, or .190 may be translated from another band.

SNP = Shared, Non-protected  
**For Repeater Lists and updates, check BCARCC website: [www.bcarcc.org](http://www.bcarcc.org)**

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